

Jewels of Advice
For the
Husband & Wife

Based upon the teachings of the Qur'an & Sunnah

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Introduction

All praise is due to Allah (swt) whom we Praise and seek help from. We seek refugee with Allah from the evil of our own selves and the evil of our actions. Whomsoever Allah (swt) guides, none can misguide and whomsoever Allah (swt) misguides none can guide. We bear witness that none is worthy of worship except Allah (swt) and that Muhammed (saw) is His last and final messenger sent with a message for the whole of mankind.

To proceed. The Muslim Ummah has for the past seventy odd years been living without the Islamic authority over them; without the Perfect, Sublime rules of Allah (swt) being implemented around them and without instigating the Offensive Jihaad to spread the domain of Islaam to encompass the lands of the disbelievers. A similitude can be likened between a Muslim living without the Shar'iah with a goldfish out side of its natural habitat, water. As the fish slowly suffocates and passes away, so too, a Muslim, without the lifeblood of the rules of Islaam, will wither away and die.

The direct consequences of life without the Islamic state are too numerous to detail in this work, encompassing all aspects of life be they social, political, economic, ritual and ruling. However, in this short series of essay, a particular example has been highlighted, that of Marriage. In this work, advise taken directly from the Qur'an and the Sunnah has been presented to both the newly weds and to those who have spent many years in wedded companionship as how to maintain the Islamic household, and more importantly how to maintain marital relationships

when all around people are floundering and unfortunately ending in divorce.

We hope that this short work will go some way to present what Islam desires of the husband and the wife in their marriage and indeed Allah (swt) is the Only Creator and the Only Commander.

How to Attain Happiness for your Wife

The Prophet (saw) said: *"The best of you is the one who is best to his wives, and I am the best of you toward my wives."*

He (pbuh) also said: *'No one is genuine towards women except the generous man and no one humiliates them except the one who is very rude.'*

The duties of the husband towards his wife:

1. Offering a beautiful reception when entering the home, like starting with the Islamic greeting 'assalamu alykum' with a cheerful smile, shaking her hand and hugging her.
2. Using sweet and enchanting speech with her ... making sure to take care of her and making her feel special. Make your speech clear (repeat yourself if necessary) and call her with the best of names she likes; my honey, my darling etc.
3. Despite your workload, create time for friendliness and recreation ... it was the practice of the prophet (pbuh) to befriend and spend time together with his wives, despite his workload and huge responsibilities.
4. Play games and distractions with each other ... the hadith of the prophet (pbuh) states: *"All things in which there is no mention of Allah are frivolity, absent-mindedness, and idle play except for four things: A man being playful with his wife, training his horse, walking between two purposeful goals, and teaching another to swim."*
5. Assistance in the household ... to participate and help your wife with the household duties, like buying food, preparing food, cleaning and

organizing the house, etc. This brings happiness to the wife and strengthens your love and relations together.

6. Consult her ... the opinion of Umm Salamah during Sulah Al-Hudaybiyah is a well-known event. It was the method of the prophet (pbuh) to consult with his wives and friends.

7. Accompany the wife along whilst visiting relatives, friends, and people of righteousness.

8. The manners of travel and leaving the wife behind ... if you can't take her with you, offer her a warm farewell ... leave her with sufficient means and money. Ask trustworthy individuals to look after the needs of your family in your absence ... ask her to pray for you ... be in touch with her often ... minimize your travel to what is necessary and bring her a gift when you return. Try not to return at night or at an unexpected time.

9. Financial support ... be generous in your household spending (within financial capabilities). Good financial support (not wasteful) tends to stabilize marriages.

10. Good smelling and beautification ... Allah (swt) is Beautiful and He loves beauty and cleanliness. Always be clean, neat and adorn perfume. Ibn Abbas (ra) said: *'I love to beautify myself for my wife as much as I love her to beautify herself for me.'*

11. Intercourse ... it is the duty of the husband to suffice his wife with her emotional and sexual needs and desires... perhaps once every time the wife is pure but be considerate of her physical and physiological health.

12. Genuine care ... the Muslim husband should be very caring and sentimental towards his wife. The wife goes through various

physiological and psychological changes ... she is in need of a cheerful smile and genuine care to wipe away her pain and her low feelings.

13. Guarding the privacy of marriage ... it was narrated in the hadith of Abu Sa'eed Al-Khudry that the prophet (pbuh) said: *"Verily among the worst of people in status before Allah on the day of Resurrection is the man who goes to his wife and she comes to him for sex, and then he divulges her secrets (of the bed)."*

14. Working together in the obedience of Allah: pray collectively together and engage yourselves in activities of worship, like offering generous donations, 'dhikr' (remembrance of Allah), and praying at night 'qiyam-ul-layl.' The prophet (pbuh) says: *"May the mercy of Allah be upon a man who wakes up at night to pray and wakes his wife up to pray with him, and if she refuses he splashes water into her face."*

15. Show respect to your wife's family and her friends.

16. Educate your wife about Islam and offer her your advice.

17. Admirable jealousy.

18. Patience and softness with the wife ... control your anger and always give her the benefit of the doubt, and advise her whenever she does mistakes.

19. Forgiveness and appropriate criticism where applicable.

20. To be a genuine Muslim husband and to apply all of which you have read and understood with wisdom.

How to win the heart of your wife

Learn about and be aware of which your wife likes ... try your best to attain that which she likes and distance yourself (and her) from her dislikes or hates.

- Make it a habit to call her with the good names that she likes ... like, my darling, my love, sweet-heart, etc. But let it come from your mouth with a strong yet gentle voice as words of truth.
- Listen to her when she speaks especially if she is conversing about a matter which she is facing and wanting to get your opinions and thoughts ... listen to her with all your senses.
- Always clean and beautify yourself for her. Adorn yourself in a manner which she prefers and admires.
- Don't let your wife feel that she is not important or less significant figure in the house. Instead, you must make her feel respectful and proud ... and don't forget to mention her in good terms and admire her from time to time in front of her family and yours in her presence and absence.

60 Golden Ways To Gain Your Husband

1. You are the shining flower of your home ... make your husband feel the beauty and the fragrance of this flower from the moment he enters the home.
2. Seek to bring peace and comfort to him either by means of actions and/or words ... accomplish this with an active spirit.
3. Be polite and attentive in your dialogues and discussions and distance yourself from arguments and the stubbornness on your own opinion.
4. Understand the true and beautiful Islamic principles behind superiority (of the husband over the wife), which the nature of woman necessitates ... and do not take this as means of oppression.
5. Speak to your husband with a soft voice and be sure not to raise your voice in his presence.
6. Make sure you plan together to wake up for qiyam-ul-layl prayer from time to time ... this will bring enlightenment and happiness to your marriage ... verily in the remembrance of Allah the hearts find comfort.
7. Be cautiously quiet when he is angry and don't go to sleep unless he is pleased with you.
8. Stand near him whilst he is wearing his clothes and shoes.

9. Make him feel that you want him to wear certain clothes ... choose these for him yourself.
10. Be very sensitive and accurate in understanding his needs to make the best of your marriage without wasting time.
11. In case of arguments, do not await an apology from him (and don't expect it in the first place) except that which he readily admits.
12. Take care of his appearance and clothes even if he doesn't seem to care or dresses simplistically... but surely he will like that which his friends like.
13. Do not always rely on his willingness to make love to you ... take the lead at appropriate times.
14. Be like a new bride for him every night and don't go to sleep ahead of him unless of necessity.
15. Do not await nor expect rewards in return for your good actions and behaviour ... many of the husbands simply get busy with their lives and unintentionally forget to convey certain appreciations.
16. Actively act according to his circumstances and financial abilities ... but stay away from excessiveness and expensive demands.
17. Receive him with a cheerful face and yearning expressions to signal your deep feelings and love upon his return from a journey or travel.
18. Always remember that the husband is a means to draw closer to Allah (swt).

19. Make sure to always keep renewing and changing your style of appearance, and the phrases you use upon his reception.
20. Don't be slow or reluctant when he asks you to do certain things... but be sure to do it with a lively conviction.
21. Always restructure, decorate and rearrange the house furniture especially before he comes back from a travel and make him feel that you are doing this to please him.
22. Be conscious to closely look after and maintain the household.
23. Learn how to excel in some of the womanly activities... you will need these for your home and achieving them reminds you of your femininity.
24. Receive all that which he brings home (i.e. food and other supplies) with appreciation and thankfulness.
25. Make sure to always keep the home pristine, clean, and organized even if he doesn't ask from you to do so.
26. Maintain a calm and relaxed atmosphere at home according to his schedule and don't make him feel bothered by the noise whilst doing your household duties.
27. Be content and make sure not to be extravagant so that the expenses may not supersede the incomings.
28. Surprise him with a small family get-together and celebration from time to time and choose a time that is convenient for him.
29. Always make him feel that his opinion matters to you in the things which you consider important and personal ... especially matters which

deal with you and the children and be straight and don't beat around the bush.

30. Always remember your femininity and guard it well ... display your femininity to your husband in ways which he approves and in times that are convenient to him without any conditions.

31. Whenever he returns from a travel or a long journey away from home don't receive him with bad news or complaints despite the seriousness of the matter ... delay bad news till he has rested adequately.

32. Let the children participate in the reception of their father when he returns from abroad or travel ... according to their age.

33. Don't bring about complains about the children upon your husband's return from a travel, his awakening from sleep, and during the food gatherings ... this has a strong consequence upon the father and the children.

34. Don't interfere with his methods of guiding and disciplining the children for any matter.

35. Be sure to create and maintain a good warming relationship between the father and the children despite his workload ... but with wisdom without distracting his work.

36. Despite him being busy in household matters, make him feel that you are in good control of raising the children because of his prayers to you and his consultation in matters involving the children.

37. Don't rush into finding the outcomes of any disciplining matter which you practice with your children ... be aware that usually it takes long time

for changes to happen according to the child's age, otherwise it creates frustration and discontinuation of the disciplining method being used.

38. Make your method of guiding the children full of kindness and wisdom in order to capture the attention of the mind and the heart together ... and don't rely solely on the softness of advice to gain the hearts of your children (you need to make them understand their mistakes or misbehaviour and discipline them accordingly.)

39. Excel at occupying your children spare time with good causes and activities that stimulates their minds and potentials, especially during vacations and school breaks.

40. Be a good friend to your daughters... recognize the psychological changes that each female experiences during each menstrual cycle.

41. Help and instruct your children (especially the daughters) to recognize and appreciate the attributes and qualities of the Almighty by means of instruction and assessment.

42. Be sure to find the spiritual balance between the duties towards your husband, your children, your home, and your work.

43. Show respect to him and his parents and family and deal with them kindly as if you deal with your parents ... be reminded that it is his parents who have presented you with this valuable gift (your beloved husband).

44. Be receptive, warm and generous of his family and present gifts to them upon happy occasions ... and kindly encourage him to visit his family even if he shows no interest.

45. Take care of his guests and don't get agitated by their repetitive visits at home or by their surprise visits ... but be sure to honour and show good hospitality toward his guests as this is a matter which displays his respect and dignity.

46. Look after his papers and his personal belongings and take good care of them.

47. Keep the home clean, well arranged, and always ready for guests. Efficiently arrange his papers and his personal belongings without searching in his private matters without his permission.

48. Don't complain about his late coming and him being away from home ... but gather the good warming feelings you have towards him and be proud of his work and accomplishments?.

49. Don't force him to displace his distress with use of insulting terminology ... but learn how to understand his body language when he is distressed (i.e. hand gesture, facial expressions and voice tone, etc.) instead of quickly reacting to his behaviour.

50. Always make him feel that his needs are on top of your responsibilities despite the magnitude of your responsibilities and duties.

51. Don't complain to others about your husband's work and activities especially those involved in religious activity of a demanding nature.

52. Understand that your husband has the right to know what goes on with you and whatever goes between you and your sisters without details.

53. Make him feel that you are personally caring for him ... the good wife is the one who proves her presence at home and her husband is aware of her presence even at times of busyness.

54. Beware not to let your work and activities interfere with your natural feminine character.

55. Take special care to guard the secrets of your household and support your husband with his work by learning more about what he does.

56. Don't ever compare your husband with others ... instead remember the beautiful traits and the admirable qualities that he has.

57. Know about the methods to call people to Islam ... this will be a worthwhile and enriching quality that will be of handy use in the circle of women.

58. Know about the material and financial difficulties that keep most woman busy and stressed ... so that you can properly deal and help them get out of these situations ... and choose a wise way to start your talk.

59. Be sure to converse with the heart before the mind when dealing with your female sisters ... this nature of women demands so.

60. Be sure to spread chores and duties amongst your family so that your duties and responsibilities don't become a burden and difficulty on yourself.

Finally, you must always put your full trust in Allah (swt) and don't rely on the work of humans ... and don't forget that we always need the guidance and the success which comes from Allah (swt).

55 Ways To Attain a Happy Marriage

1. Remember that short separations (days) away from the wife may strengthen the marriage bonds, but long separations (weeks, months) will weaken and harm the relationship.
2. You should understand and be considerate of the physiological nature of the female makeup so that you can properly deal with your affairs together, without distress or difficulties.
3. Don't allow for disputes of one day to last until the next day.
4. Avoid talks about past relationships, previous engagements, or marriages.
5. Stay away from idealism, and live your way naturally, and don't expect miracles to come your way.
6. Convey your love and warm feelings to your wife whenever you can.
7. You must not submit yourself to anxieties and worries, and always be optimistic with a smiling face
8. Beware of arguments and harsh criticism about every minor and major incident.
9. Always try to confine the dispute in a small narrow circle, and don't allow it to expand, and be in control of the dispute before it goes out of control.

10. Jealousy, suspicions and doubts are enemies. Always deal with reality and stay away from suspicions and fictions.

11. Plant self-confidence in your partner's mind and trust in him/her ... make him/her feel contempt and self-satisfied.

12. It is not enough that you marry a compatible person, you must be compatible as well.

13. Cleanliness is essential for Emaan and a symbol of love.

14. Compromise on some of the issues which you consider dear to you, so that you can love the qualities your partner has.

15. Look after your partner in the same way you look after yourself, and love to him that which you love for yourself.

16. Accept the principle of give and take ... and don't be self-centred in order to take more than you give, or take everything.

17. The man wants his wife to be ideal and be able to deal with all matters with goodness, and give him unconditional love. The woman wants her husband to have a strong personality and be able to suffice all her needs, and she wants to be sure that she is the last woman in his life.

18. Don't rush into blaming your partner for every incident, instead assume half the responsibility and don't try to predict the unseen.

19. Live your day and don't think about the worries of tomorrow (a day which has not come), and act within your capabilities.

20. It is your duty to try and understand the sanctity of marriage. It is a very strong institution, so pause for a moment before you take a step after which regrets will be of no value.

21. Although love is an essential and important part of marriage, don't solely rely on love as a basis to the marriage.

22. You should be an example to your partner, and let your good actions tell and convey your personality.

23. Don't allow room for your relatives and neighbours to interfere between the two of you and try to solve your problems amongst yourselves as much as possible.

24. Don't rush into correcting faults that you perceive in your partner. There are things and habits which can only change with time, and don't exaggerate small matters, making them into large disputes.

25. You must understand and accept marital responsibilities and consequences with a content heart and inner-satisfaction.

26. Be very cautious to avoid disputes amongst yourselves, and be sure not to humiliate nor embarrass your partner.

27. Work together with your husband and engage yourselves in collective duties; this will strengthen your bonds and creates good memories thereafter.

28. Allow opportunities for your spouse to freely express him/herself. Be an admirer of his/her ambitions, and do not be sarcastic nor undermine his/her capabilities.

29. The financial rights must be respected. It should not be taken lightly as this is among the major causes of marriage disputes.

30. Don't engage your spouse with your sorrows, and try your best to overcome them yourself. But be sure not to forget her in your happy occasions.

31. Dear wife!!! Beware of allowing your female friends to interfere in your private life, even if they were to advise you.

32. Make your husband feel that he is the ideal person you have always wished for, and you are proud of him and admire his personality.

33. Remember the good qualities of your spouse whenever a dispute emerges between the two of you, and don't let his/her shortcomings occupy your mind so that you may forget his/her good qualities.

34. Ask yourself these questions, so that you can recognize the goodness and the inner-beauty of your partner and successfully overcome your disputes. What does each of you find attractive in the other? - What are the happily special occasions you spent together? - What collective activities you enjoy doing together? - What does each of you do to show his/her care to the other? - What each of you does to show his love and respect to the other? - What are your common future goals?

35. Dear wife!!! Avoid the use of hurtful and disgraceful expressions during marriage disputes, otherwise you may lose your husband.

36. You will gain the love of each other by exchanging gifts with each other ... let this be a symbol of your married life upon every happy event.

37. The intelligent wife is the one which chooses the proper time to ask for her needs and the needs of the children and chooses the appropriate time

to express her thoughts about the behaviour of her husband ... sometimes the time which you choose may not be suitable ... think twice!

38. 'My dignity' ... 'my pride' ... these are the words of shaitaan which he inserts in the hearts of the spouses during the dispute to cover their assumed responsibility and ensures that they stay in dispute ... why should the spouses allow for this and let shaitaan be in charge!?

39. Don't ignore the presence of your spouse ... mutual consultation (shuraa) is very important for marriage life ... each must feel that he is an important contributor to married life.

40. Don't leave or run away whenever there is dispute ... running away is not a method to solve disputes. It is wise to allow for several moments of silence and then come together to solve the dispute.

41. Don't bother your husband with multiple questions that are of no concern to you, or inquiring on secrets or matters that your husband doesn't wish to disclose to you. This may lead the husband to leave the house and go seek some solace elsewhere.

42. Don't leave your husband and seek to stay alone, but be near to him and engage with him whenever you can.

43. If you are a working wife, remember that your first duty is your household. Seek to accommodate both matters in the best way.

44. Don't show anger when your in-laws come to visit the home, instead be a good example of reception with a warm welcoming hospitality, and be assured that these actions tell your husband much about you and your manners.

45. Dignify and respect your mother-in-law and call her with names that are most beloved to her. Don't try to dispute with her, and always mention her son with goodness in front of her.

46. The neighbour and the neighbour ... this is the advice of the prophet (pbuh), so deal with the neighbours in good manners, reminding and helping them with matters of worship, and participating in their happiness and sorrows ... this is what our beautiful deen has requested us to do.

47. Persisting differences of opinion is likely to result in differences of the hearts, so be in agreement with your husband sometimes even if you aren't truly convinced. Be reminded that it is no obedience in which there is disobedience to Allah ... obey your husband in matters of goodness and good advices.

48. You can achieve the quiet atmosphere that the husband needs at home by engaging the children in games that stimulate their minds ... like building blocks, etc.

49. Your children are a great grace and a precious gift ... don't allow them to be miserable because of your shortcomings and your engagement in other ill-priorities.

50. Learn about the stages of child development and the ways to best deal with your children accordingly. Avoid those adverse triggers that may have great consequences on your child's health and psychological well-being.

51. Be a strong support to your husband on matters of deen and worship, and ask for the hereafter in the same way you ask for this life.

52. Extravagancy corrupts marriage ... it fades the grace of Allah and makes it disappear ... and Allah doesn't like those whom are extravagant. But be wise in your dealings and don't ever feel the need for others.

53. True happy marriage doesn't mean the disappearance of disputes, instead it means your wise ability to solve those disputes together and not to allow them to interfere with the relationship between you and your spouse.

54. Beware of disputes with your husband in the presence of the children, or raising your voice in their presence. Before anything, the children first learn from examples and blind imitation ... these disputes will be programmed in the child's mind with potential consequences thereafter.

55. Don't allow anyone to interfere with your personal life and do not permit a reason for interference in the first instance ... avoid sharing the secrets of your household with friends or close relatives.

Advice regarding the waning of marriage enjoyment

Boredom comes upon family life once one loses that which is new (marriage). The husband gets busy with his problems and work, and the wife gets busy with her own things and spends less time taking care of her husband. Boredom is one of the problems that faces the family life and causes hardships and difficulties ... the wife complains that her husband is not taking care of her, turning away from her, and dealing with her in disrespectful and insulting manners ... the husband also complains that his wife can't stand him anymore, doesn't love him, doesn't take care of him or his children, always creates difficulties for him, and so on. The waning of marriage enjoyment reflects itself upon the whole atmosphere at home ... the wife doesn't feel at rest ... and the husband and the children live in worries and discomfort. The voice is always raised for no reason whatsoever and the little disputes deepen and magnify ... doubt and invasions of personal rights get breached, and the family engages in disruptive behaviour which is an irritant to one another.

The treatment to the waning of marriage enjoyment:

It is firstly the responsibility of the wife and she shall seek the underlying causes of this in her home and restore the comforting atmosphere of the home to the best of her ability, like making new decorations, rearrangements and organization of the home and ensuring its cleanliness and simplicity ... taking special care of herself, her appearance, and gently taking care of her husband and his needs and belongings. The wife should always be respectful of her husband and his personality, and make him feel that he is the father of the family and the one who works hard to earn and sustain a decent living for their children and family. The

wife shall not be a one-way authoritative communicator ... I want such and such in such time! The children need such ... and I need such and such! But there are many beautiful and tactful ways to accomplish this ... like presenting her husband with a small and meaningful gift for an occasion ... or plan a surprise for him (something which he likes) to catch his heart before she gently addresses her needs. However, I can't deny that the husband has an important role to play in this as well by taking care of his wife, and satisfying her needs (i.e. emotional, financial, etc.) ... and this is very important.

Conclusion

Here we come to the end of the ways and means to a happy marriage. This does not mean the whole picture has been confined to these points ... instead there are numerous ways and means to achieve this. These points are by no means comprehensive but are essential for a happy marriage. I see that it is a duty upon me to show that the method which I have used to display this series (or those recent series which deal with husbands and wives) are the middle and fair methods between the understandings of psychologists, who convey that marriage and the conflicts of marriage are 'problems or disasters', and those who deliberately mislead people to believe that married life is like a green pasture, devoid of problems and conflicts, regarding the husband as a white knight riding his horse, etc.

It is therefore a duty that we recognize and understand these marital conflicts and disputes and to seek Islamic judgments and solutions once problems arise.